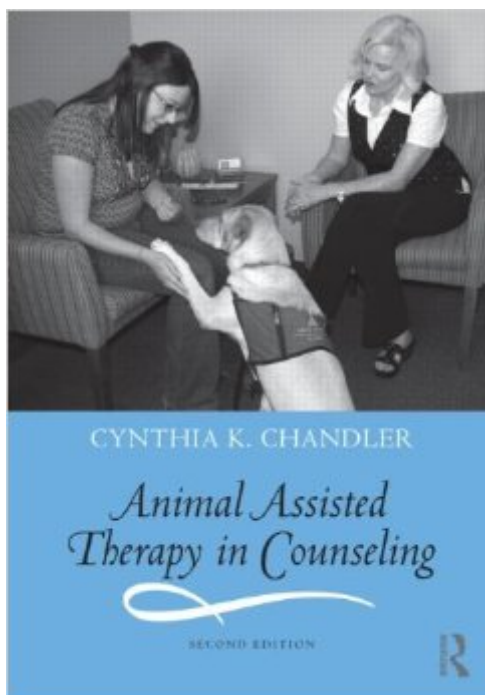


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# Animal Assisted Therapy In Counseling



## Synopsis

Animal Assisted Therapy in Counseling is the most comprehensive book available dedicated to training mental health practitioners in Animal Assisted Therapy (AAT). It explains the history and practice of AAT in counseling, discusses the latest empirical research, and provides an in-depth explanation of the psychodynamics of AAT within various theoretical frameworks. Readers will learn the proper way to select, train, and evaluate an animal for therapy. The use of a number of different therapy animals is considered, including dogs, cats, horses, birds, farm animals, rabbits and other small animals, and dolphins. Guidelines for implementing AAT in settings such as private practices, community agencies, schools, hospices, and prisons are covered, as well as ethical and legal considerations, risk management, diversity issues, and crisis and disaster response applications. Numerous case examples illustrate the use of AAT principles with clients, and forms, client handouts, and other resources provide valuable tools. This unique resource is an indispensable guide for any counselor looking to develop and implement AAT techniques in his or her practice.

## Book Information

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Average Customer Review: 4.6 out of 5 stars Â Â See all reviews Â (10 customer reviews)

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## Customer Reviews

Several of my clients use their pets in the important work of assisted therapy. I think it's important to understand the many positive benefits our pets bring to our lives. This book is the first one, a ground breaking edition, which explores the positive benefits pets have in the various aspects of counseling. Anyone involved or seeking to become involved in pet therapy should find this book very helpful! Shawn Messonnier DVM(...)

This is one of the best books available about the use of AAT in mental health practice. I've reviewed most of them for some research I'm doing in the field, and Dr. Chandler's is thorough, based on the latest research, easy to read and absorb, and filled with very practical information. She covers the tremendous benefits of this type of work along with necessary cautions, and emphasizes the importance of proper training and credentialing. The book is ideal for people just entering this fascinating field, but there is also lots of useful information for more experienced AAT practitioners as well.

Rise VanFleet, Ph.D. Child/Family Psychologist  
Registered Play Therapist-Supervisor  
Past President, Association for Play Therapy

I read this book in one sitting!!! I couldn't put it down until I had read the whole thing! This book is a spectacular addition to the counseling field in its own right, and fills an important gap left by other animal-assisted therapy (AAT) texts. Dr. Chandler has collected in a very engaging and readable form all one needs to know to effectively conduct AAT. I found the information and guidelines on AAT particularly useful, especially the sections emphasizing examples of therapeutic responses, uses of animals assisting in therapy, and the various requirements for certification. The pictures and descriptions of Dr. Chandler's own work with her 3 co-therapists were fun and informative as well. Before you buy any other book on AAT, buy this one first; read it, read it again, and then see the difference AAT really makes for counseling clients. On second thought, don't buy any other AAT books; this is the only one you'll need.

This is a great reference book for those who are interested and participating in animal assisted interactions. It's helpful to me, and I've been the human partner of a team for 6 years, and I was a team evaluator, too. It helps me help others to set up visiting guidelines for new teams, etc.

I am in the early stages of reading this book, but I have to say so far it is excellent. I am a Senior college student majoring in health and psychology with a plan to create a AAT/AAA program for our area and this is the perfect book to help me understand the work and build the program. Definite must read for animal and non-animal therapists, volunteer or animal lover interested in understanding the healing power of animals.

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